

Cucumbers with Sesame

Want something new to do with cucumbers? My Dad went to France and came back with this one for me. I made it with the very lemon cucumber shown here in less than 10 minutes. You can also do it with a regular english cucumber, just be sure to peel.

How to Make Sesame Wheels

Take a few tablespoons of sesame seeds and toast them in a pan until light golden brown. They become scented and slightly darker. Take care not to overdo them, once they get to toasting temperature they go quickly!

After the sesame seeds have cooled to room temperature, mix in a bit of salt and blend thoroughly. Next, slice your cucumber and simply press both sides into the sesame seeds. That's it! And it's fabulous and super easy.

Pile them up on a plate, serve with a nice chilled Sauvignon Blanc and you're set for an afternoon of relaxing, sesame adventure.