

Roasted Neeps

If you don't know what a "neep" is you will soon! Your kids will love to ask you to make them some neeps just because they like saying the name. And they will never know it is a healthy vegetable!

When my kids were young and would bug me for a snack while I tried to prepare dinner, I would always give them frozen peas in a bag. They were thrilled! They would take them outside and eat them while I finished and I never had to worry if they didn't finish their cooked veggies because they inhaled the frozen peas. To this day my kids and granddaughter LOVE frozen peas.

**Turnips, medium sized, washed, peeled and cubed
Toss very lightly in olive oil, put turnips in a roasting pan and bake slowly for about 35 to 40 minutes. Season, then serve. Delicious with an herby garnish.**